

Cycling New Zealand BMX Racing Development Pathway

Our Vision is for a Thriving New Zealand BMX Racing Cycling Community with Sustained Success at the Elite Level



We aim to achieve our vision by

1. Creating connection and community for all riders and coaches, by being open with our knowledge and freely sharing through the community.
2. Providing appropriate development opportunities for those aspiring to the highest level based on demonstrated performance and potential.

Creating Community and Sharing Knowledge:

We strive to provide a baseline level of support in the form of opportunities and workshops for all athletes, coaches, parents, and facilitators throughout the BMX Racing pathway.

Education: Develop and deliver a curriculum for BMX Racing cycling at the pathway level, which covers the physical, physiological, technical, tactical, and psychological components of BMX Racing cycling. Provide learning opportunities for coaches, facilitators, and athletes through camps, and competition.

Development Opportunities:

- Aim is to grow connection and disseminate knowledge to the community.
- CNZ and HSPNZ Support: Athletes who are identified to have potential for future world class performances can access support from Cycling New Zealand and HPSNZ, outlined in the development pathway.

Tailored Athlete Pathway Support (TAPS) supports the performance and wellbeing of athletes in the New Zealand high performance sport environment.

TAPS is designed to ensure athletes have the right resources at the right time relative to their stage in their respective sport's Performance Pathway.

Performance Pathways Framework – HPSNZ Tailored Athlete Pathway Support (TAPS)

Performance Pathways Framework (with Tailored Athlete Pathway Support for TAPS-eligible sports)										
Phase	HPSNZ Progression	CNZ Progression	Description	Entry Criteria	Athlete Financial Support	Athlete Performance Support	Time Frame	Transition	Post Performance	
High Performance	Elite	Podium	Athletes who have demonstrated realistic winning capabilities and are refining performances for podia success at Pinnacle Event/s in this cycle.	Consistent world top 8 performances AND evidence of progression against Sport POP toward a podium at Pinnacle Event/s in this cycle	Elite Training Grant Eligible for Excellence Grant Eligible for PM Scholarship	Tailored POP & IPP Support Medical Insurance	Up to 4 years, annual reviews	Focused support to transition from performance pathways to future aspirations in life, sport and relationships	Athletes successfully transitioning out of performance into future aspirations in sport & life Athlete financial support: 3-month Training Grant (transition) & Excellence Grant (balance of) for eligible campaigns. Athlete Performance Support: Medical & Performance Life for current issues & future planning. Time Frame: For 6-months or as agreed (HP) and as agreed (Pre-HP)	
	Potential	Podium Potential	Athletes who have demonstrated performance progression showing high potential of top 8 / medal this cycle and/or potential of medal next cycle at Pinnacle Event/s	Evidence of progression against Sport POP toward a top 8 at Pinnacle Event/s in this cycle AND/OR podium at the current or next cycle Pinnacle Event/s (6 years out)	Potential Training Grant Eligible for Excellence Grant Eligible for PM Scholarship	Campaign Support Access to HPSNZ facilities	Up to 2 years, annual reviews			
Transition	Demonstrating the readiness and commitment to do what is required to achieve future podia success on the world stage									
PreHP	Confirmation & Identification	Podium Transition & Development	Athletes, who are confirming the attributes, ambition and attitude to perform on the world stage against sport evidence based POP. Converting to High Performance within ~2 years	Benchmarking against Sport POP demonstrating evidence of attributes, attitudes and ambition for future High performance podia performances	Eligible for Excellence Grant Eligible for PM Scholarship	Holistic Planning & IPP support aligned to Sport POP Medical (by Agreement) Access to HPSNZ facilities	1 year, reviewed annually			

Cycling New Zealand Athlete Development Framework and HPSNZ TAPS Support

Cycling New Zealand Stage of Development	Cycling New Zealand Support	HPSNZ Tailored Athlete Pathway Support - Performance	HPSNZ Tailored Athlete Pathway Support - Financial
<p>Podium</p> <p>Athletes who have demonstrated realistic winning capabilities and are refining performances for podium success at Pinnacle Event/s in Elite class, in this cycle.</p>	<p>Support:</p> <p>CNZ may offer support alongside HPSNZ as determined by your IPP.</p>	<p>Elite & Potential, HP:</p> <p>Tailored Picture of Performance & IPP Support</p> <p>Medical Insurance</p> <p>Campaign Support</p> <p>Access to HPSNZ facilities</p>	<p>Elite, HP</p> <p>Elite Training Grant</p> <p>Eligible for Excellence Grant</p> <p>Eligible for PM Scholarship</p>
<p>Podium Potential</p> <p>Athletes who have demonstrated performance progression showing high potential of top 8 / medal this cycle and/or potential of medal next cycle at Pinnacle Event/s in Elite class</p>	<p>Support:</p> <p>CNZ may offer support alongside HPSNZ as determined by your IPP.</p>		<p>Potential, HP</p> <p>Potential Training Grant</p> <p>Eligible for Excellence Grant</p> <p>Eligible for PM Scholarship</p>
<p>Podium Transition (U23)</p> <p>Athletes, who are confirming the attributes, ambition and attitude to perform on the world stage against sport evidence-based Picture of Performance. With trajectory to High Performance</p> <p>Continuing development where it supports progression to the entry criteria is an important consideration. Understanding the non linear progression to HP may impact this timeline.</p>	<p>Confirmation</p> <p>Decentralised Support:</p> <p>CNZ may offer support alongside HPSNZ as determined by your IPP through Invited camps, workshops, support of IPP process and regional services alongside HPSNZ as determined by your IPP.</p>	<p>Confirmation & Identification, PreHP:</p> <p>Holistic Planning & IPP support aligned to Sport Picture of Performance</p> <p>Medical (by Agreement)</p> <p>Access to HPSNZ facilities</p>	<p>Confirmation & Identification, PreHP:</p> <p>Eligible for Excellence Grant</p> <p>Eligible for PM Scholarship</p>
<p>Development (U19/U23)</p> <p>Athletes, who are confirming the attributes, ambition and attitude to perform on the world stage against sport evidence based Picture of Performance. Converting to High Performance within ~4years</p>	<p>Identification</p> <p>Decentralised:</p> <p>Invited camps, workshops, international campaigns (Junior World Championships), support of IPP process and regional services alongside HPSNZ.</p>		

Seeking Support:

Athletes seeking support will be assessed whether they are within the minimum performance benchmark of their relative world performance benchmarks, and their potential to develop towards future world class performances.

You will have demonstrated realistic (future) winning capabilities against these benchmarks, together with the required attributes, attitude, and motivation for internal success as confirmed by Cycling New Zealand as determined by this evidence-based HP pathways.

Progression into and through the High Performance stages of the TAPS pathway, performance and especially performance that demonstrates the potential to achieve repeated podium success at pinnacle events in the future.

The resources available will be allocated on a need's basis through engagement in the IPP process and determined on the ability to impact performance and progression.

The priority for the BMX Racing Pathway, is to prepare young athletes for rigors of international competition, travel and life. The focus for the Pre HP, Talent ID athletes Pathway will be for junior U19 to UCI U23 ages and classes to prepare for future world class performances. You will have demonstrated the capabilities, potential and development to achieve this.

Benchmarking:

Age and stage appropriate, world performance benchmarks are based on what it takes to podium at relative international world class competitions.

To achieve entry to PreHP, athletes must achieve a minimum of two of the benchmark criteria below. UCI Ranking and UCI World Cup Ranking as at 31 December. With race results from the previous calendar year. For U19 riders, the most recent Oceania and National Championship results. Hill times will be completed within the previous 6 months

An additional purpose of these benchmarks is to support discussions on where athletes are at, and how they can progress towards future world class performances.

World Performance Benchmarks

Men

		World Champs	World Cups	UCI Rank	UCI World Cup Rank	Oceania Champs	Cam. Hill	Rot. Hill	Athletes being considered for the TAPS programmes will have met the following standards.
High Performance Elite	Podium	Top 8	Podium						You will have demonstrated realistic medal winning capabilities and are refining performances for podium success at Pinnacle Event/s in this cycle.
High Performance Potential	Podium Potential	Top 16	Top 8						You will have demonstrated performance progression showing high potential of top 8 / medal this cycle and/or potential of medal next cycle at Pinnacle Event/s.
Pre High Performance Confirmation & Identification	Podium Transition (~U23)	Top 16 (Top 32 Elite comp.)	Top 16 (Top 32 Elite comp.)	Top 24	Top 16		2.31s	2.49s	Developing athletes will prove performance through benchmarking and IPP.
	Development (~U19)	Top 16	Top 24	Top 24	Top 24	Top 3	2.34s	2.53s	Developing athletes will prove performance against benchmarking and IPP

Women

		World Champs	World Cups	UCI Rank	UCI World Cup Rank	Oceania Champs	Cam. Hill	Rot. Hill	<i>Athletes being considered for the TAPS programmes will have met the following standards.</i>
High Performance Elite	Podium	Top 8	Podium						<i>You will have demonstrated realistic medal winning capabilities and are refining performances for podium success at Pinnacle Event/s in this cycle.</i>
High Performance Potential	Podium Potential	Top 16	Top 8						<i>You will have demonstrated performance progression showing high potential of top 8 / medal this cycle and/or potential of medal next cycle at Pinnacle Event/s.</i>
Pre High Performance Confirmation & Identification	Podium Transition (~U23)	Top 16 (Top 24 Elite comp.)	Top 8 (Top 24 Elite comp.)	Top 24	Top 16		2.50s	2.66s	<i>Developing athletes will prove performance through benchmarking and IPP.</i>
	Development (~U19)	Top 16	Top 16	Top 24	Top 24	Top 3	2.54s	2.72s	<i>Developing athletes will prove performance against benchmarking and IPP</i>

Consideration will be given to the following:

- Demonstrating progression towards the next stage of the TAPS framework;
- Other UCI international competitions may be considered where they support potential and progression against TAPS criteria.

Expressions of interest (EOI):

A step by step process:

1. Athletes and their coaches can submit their EOI and feedback for support through an online form (link is on the development webpage) which will include recent performances and self assessment of potential factors.
2. BMX NZ coaches will then meet to discuss with the athlete, coach, and parents around their eligibility for support based on their potential, performance, and stage of development.
3. Athletes who are considered eligible can access the relevant HPSNZ support

Athletes who do not yet meet a minimum standard are encouraged to submit and EOI and will still receive guidance around bridging the gaps towards performance